Daily Word

A UNITY PUBLICATION

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Iesus Christ.

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PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

PRAYER FOR ILLUMINATION: I am God's child! He continually inspires and directs me.

PRAYER FOR PROSPERITY: I am God's child! He gives me confidence in my talents and abilities. I trust Him for my supply and success.

PRAYER FOR HEALING: I am God's child! I am strengthened, renewed, and healed in mind and body.

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DAILY WORD Edited under the inspiration of Silent Unity

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No. 2

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August Comes in Gently

ELEANOR HALBROOK ZIMMERMAN

August comes in gently, with her wares Spread in a golden carnival of sun, Warmed with lazy winds and fragrant airs.

She shapes and makes them perfect, one by one,—

Yellow of pears, and apple's rosy glow, Ripple of grain-fields where the glad lark sings,

She touches with magic all the world we know

And to our hearts a deep contentment brings.

August comes in proudly, bearing days Of blue and gold, and wealth beyond our measure.

Her song a song of confidence and praise, Her gifts to heart and hand a pouredout treasure—

We find her now down any summer road, A lavish season blessed by the hand of God.





Do You Care Enough?

MARTHA SMOCK

Roget's Thesaurus gives the antonym of neglect as care. So we might rephrase this text and say, "Care about the gift that is in you."

When we care about something our interest is in it, our thought is in it, our heart is in it. When we care about something, it is important to us. We

do not neglect that which we care about.

We cannot have an "I don't care" attitude and accomplish much in life. What matters to us? What do we care about?

A singer has to care enough to develop the range and power of his voice. A pianist has to care enough to practice to perfect his versatility and technique. An artist has to care enough to work continually to learn more about line and color and interpretation. A writer has to care enough to work with words and ideas, to make his meaning clear, to say something important enough for others to read. A poet has to care enough to strive to capture the essence of feeling and to communicate it, to put the feel and sound of beauty into words, to put the meaning and wonder of life

and living into words.

You may say, "I have no special gift."

You have the greatest of gifts, the gift of God's Spirit.

You have the gift of life. You have the gift

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of intelligence. You have the gift of love.

Some persons skim over the surface of life uncaring and unfeeling. If we do this we are neglecting the gift that is in us. We are only halfalive, half-awake. We miss the meaning of things. We do not sense the underlying purposes.

Sometimes we neglect the gift that is in us, we do not call on and use our God-given powers and abilities because we are afraid. We are afraid to act because we think we may make mistakes. We are afraid to be ourselves in the truest sense because we are afraid of what people will think or say. We are afraid to use our imagination and our God-given authority because we think that we may get into difficulties, that we may be wrong.

Jesus' parable of the talents is a good illustration of what we often do with the powers and abilities that are given to us. Sometimes we are like the unprofitable servant. We think that if we can just hide our talent, if we can just be inconspicuous, we will certainly not get into any trouble. But the message of Jesus' parable, the meaning of it is that the gift of God that has been given us cannot be hidden and buried in the ground or left unused. It must increase or it is not much good to us or anyone else.

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Sometimes when we read and talk about the gifts of God and spiritual qualities, we think of them as something apart from everyday life, something that we like to think about but do not really understand.

But every day, every hour each one of us is using gifts of God, we are expressing spiritual qualities to a greater or lesser degree.

The very fact that we live and breathe is our unspoken acknowledgment of the first and great gift, the gift of life. We accept it without question, we do not think much about it unless something goes wrong with our bodies and we find ourselves in need of healing. But we can care enough about this gift of life to give thanks for it every day. We can care enough about the life in our bodies to quicken it through our affirmations of life and Truth. We can care enough to lay hold of the life idea in our consciousness so that we do more than just live and breathe, so that we take thought of our life, so that we build in the idea of life eternal into the very cell structure of our bodies. "The free gift of God is eternal life in Christ Jesus our Lord." This is the gift we are to care about enough to make it a living reality in us. The next great gift that each of us has is in the power to think. We are thinking all the time—awake or asleep. We neglect this gift when we think aimlessly, when we let our thinking go in negative directions, when we scatter our thought forces in gossip, in resentment, in ill will.

We need to care enough about this wonderful gift of the power to think to practice thinking God's thoughts after Him, to channel our thinking into constructive lines, and bring every thought under subjection to the Christ, the one Mind in

each of us.

"Neglect not the gift that is in thee." Care about what you think and how you think.

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Take time to meditate; take time to think about God; take time to open your mind to light and Truth; take time to realize that your mind is one with the Mind of God.

Bless your mind; bless your power to think. Rejoice that you can have conscious contact with the source of all ideas, the source of all inspiration, the source of all power and creative ability.

Another gift that each of us has is the gift of love. "Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee." We neglect this gift that is in us when we do not let the love of God flow freely through us. We need to care enough to stir up this gift of

God, to become radiating, loving expressions.

We can care enough about this great gift of love to practice it every day in little and big ways in our homes, at our place of business, on the subways and on the streets. The gift of love that we express enables us to have a happy attitude toward life. It gives us a feeling of beneficence, a warmhearted approach toward every person and every thing, a feeling of appreciation for life and for people.

We are told, "Stir up the gift of God, which is in thee." We are told also, "Awake, thou that sleepest... and Christ shall shine upon thee." We stir up the gift of God that is in each of us by saying to ourselves, "Awake, thou that sleepest

... and Christ shall shine upon thee."

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We have not begun to know the power that is in us, the wonderful possibilities that are in us, and the greatness that is in us. This can be revealed only through the Spirit, only through the Christ, whose light as it is quickened in us shines into every cell and sets us all aglow, and makes us radiant, powerful, alive, irresistible to our good because we are centered in God.

When we stir up the gift of God that is in us, we feel new energy, new strength, and new authority. There is in us a living force, an invincible and unconquerable power that we cannot neglect,

that we dare not neglect, for to neglect it is to be half alive. We need to care enough about this living force to use it, to call on it, and to prove its power.

We need to care enough to pray. And in our prayers we need to care enough to make them more than words, more than vain repetitions. We need to put ourselves into our prayers; we need to make our affirmations come alive. When we put thought and feeling into the words we speak, we speak with power and authority; we imbue our words with spiritual life. Then our "words . . . are spirit, and are life," and they do accomplish that whereto they are sent.

When we care enough we pray for others. We do not look at others and shrug our shoulders and say, "It's their problem." We care enough to pray and to bless others. We care enough about the

and to bless others. We care enough about the Spirit of God in every person to keep faith in it. We care enough to look beyond the appearances and see all persons as children of God, who are upheld by His Spirit, healed by His life, blessed by

His love, and illumined with His light.

When we care enough to pray for others we look on all persons with love and understanding and silently say to them, "I behold the Christ in you."

"Neglect not the gift that is in thee." Care

about the gift that is in you. Care enough about it to call it forth, to use it, to express it. Care enough about the gift of God's Spirit in you to live, think, feel, and act from the consciousness of His presence and power in you, wherever you are, whatever you do.

AN INVITATION

FROM SILENT UNITY

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Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or by telephone, BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.



The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From South Africa:

I lost my husband eighteen months ago, and I was just broken up. I thought my whole life was about finished. One morning as I was walking past a neighbor's window she asked me how I was feeling. She did not have to wait for my reply. Then she handed me the DAILY WORD. That particular prayer for the morning was most suitable for me. Needless to say since that day I have never

failed to bless her for what she did for me. My outlook on life in general has improved. I have improved in health and I am more cheerful. My friends are amazed at the way I look and feel, and I can honestly say it is my daily prayers which I read over and over again that have done it.

From Greece:

We have a saying in Greece which reads, "Where there is faith there is love, where there is love there is peace, where there is peace there is plenty, and where plenty is there is God who fulfills all." Isn't that what DAILY WORD believes and teaches?

I love DAILY WORD for it gives me the attitude to begin my day right and also it decorates our mantel as a lovely picture. I put it there so that I can read the day's lesson again and again and also let others read it.

As a girl I was very self-conscious and still am, among strangers, though I am over fifty. But my DAILY WORD is a very good shield on such occasions. I read it over and over until it fills me through and through and makes me sure of myself and happy to meet anyone as a friend.

May our Truth fellowship spread until it fills the hearts of all men and so hasten the kingdom

of God on earth.

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Friday

I AM FIRMLY CENTERED IN GOD. I AM PERSUADED ONLY OF THE TRUTH AND BY THE TRUTH.

Sometimes the most persuasive words we hear, the most persuasive books we read are negative in content. We must keep ourselves centered in the positive; we must keep our faith strong in God so that we are not influenced or affected by uncertainty or confusion, so that our courage and confidence are not undermined.

We are affected and persuaded by that which touches our emotions. The sympathetic concern of another person for our state of health, for instance, can affect us because this concern is based on love. But if we fall in line with the suggestion that we are weak or ill or lacking in some way, we open the door to negation in our consciousness and lives. We can love and appreciate the good in every person and everything but, at the same time, keep ourselves impenetrable to negative influences or suggestions.

◆ For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come . . . shall be able to separate us from the love of God.—Rom. 8:38-39.

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Saturday

I AM RECEPTIVE TO THE UNLIMITED STORE OF GOOD THIS DAY HOLDS FOR ME.

o YOU ever stop to consider what a wonderful thing it is to be able to forget: to forget the heartaches, the failures, the sorrows, and the negative attitudes that belong to the past? What a blessing it is that with the beginning of each day we can forget the shortcomings of yesterday. We can take a new hold on life. We can begin anew, simply by putting out of our minds the memories of any unfortunate experiences and by laying hold of the blessings at hand.

If you are carrying the weight of the past around with you, resolve to let go of its negative thoughts and happenings, for it is only by freeing yourself from this burden that you can become re-

sponsive and receptive to new blessings.

Do not cling to the sorrows of yesterday or live in its glories and successes. In doing this,

you fail to see the blessings of today.

Forget the past. Today is a new day, a time to make a fresh start, and a day filled to overflowing with unlimited good for you.

• Forgetting the things which are behind . . . I press on.—PHIL. 3:13, 14.

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Sunday

I AM THE EVER-UNFOLDING EXPRESSION OF INFINITE PERFECTION.

THE INDWELLING Christ is the true pattern of my life. A plant unfolds in obedience to the hidden pattern of its being. A tulip is always a tulip; a daisy is always a daisy, no matter in what part of the earth its seed is sown.

I, too, live true to my inner pattern, the patern of Christ perfection. No longer do I blame circumstances, conditions, or persons for my problems. The problems become as nothing when I realize that Christ within me is greater than any problem. I turn to the Christ and find and accept loving guidance in all my ways.

No longer do I allow the thought of limitation to rule me; no longer do I argue that this or that cannot be done. Rather, I know that "I can do all things through Christ which strengtheneth me." Through Christ I am led into "green pastures," . . . divine abundance, . . . and "beside still waters" . . . true happiness and peace.

Even now I unfold the pattern of my Christ perfection.

◆ Ye therefore shall be perfect, as your heavenly Father is perfect.—MATT. 5:48.

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Monday

I SILENTLY BLESS EACH PERSON I MEET THIS DAY.

As A child of God, I am a channel through which His love, kindness, and consideration are expressed. Today I will let His loving Spirit work through me to silently extend a warm thought of blessing to each person I meet, whether it be at home, at work, or in my travels.

Today I will be thoughtful of others. When I meet someone who appears to have a particular need, I will silently extend my blessing—a bless-

ing that will be especially helpful.

I will silently bless each person I meet this day with the thought that he is a happy, healthy, and harmonious child of God, endowed with all the good qualities he needs to lead a happy and successful life. I will bless each person with the wisdom and understanding he needs to meet every situation in his life victoriously. I will bless each person with guidance and prosperity in his life and affairs. I will bless each person by placing him in God's loving care and keeping.

The blessing of the LORD be upon you.—PSALMS 129:8 (A.V.).

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Tuesday

I AM OPEN AND RECEPTIVE TO GOOD IDEAS AND REWARDING OPPORTUNITIES.

o you recognize new ideas? Do you accept new opportunities? When they present themselves, do you act on the ideas? Do you grasp the opportunities? Or do you wait until someone else utilizes them and then say, "Why, I thought of that. I had that opportunity."

If you want to increase your prosperity, if you need money to meet obligations, if you need a larger home, a more trustworthy car, or if you need to feel that you are contributing more that is worth while, give prayerful thought to the material you have to work with. Each person receives ideas. On every hand are opportunities. Pray to have the initiative to act on ideas and to accept opportunities.

Never dismiss an idea until you have weighed its possibilities. You may not use it immediately, but be prepared for the right time to put it into action. Never ignore an opportunity; step out in the faith that the opportunity came to you be-

cause you are ready to accept it.

* Thy gates . . . shall be open continually; they shall not be shut day nor night.—Isa. 60:11.

Wednesday

MY BODY IS THE TEMPLE OF THE LIVING GOD, AND THE VERY SPIRIT OF GOD DWELLS IN ME.

UR BODIES are marvelously and intricately fashioned, meant to express life—vital, radiant, youthful, glowing life. When they do not seem as sound or healthy as they should be, then there is a need for us to change our thinking about our bodies.

No matter what the condition, no matter what the appearance, God's will and purpose for us is life. His life is at the heart of every cell. His life is the force that continually renews and re-

stores us.

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Let us lay hold of the idea of life for ourselves. Let us know that our bodies are the temples of the living God. Let us declare the Truth that we are meant for life—abundant, radiant life.

As we think about life and make ourselves more and more aware of it, our bodies respond. We fully respond to the life idea. That which has seemed to obstruct the free flow of life dissolves and disappears, and health and wholeness, which are God's will for us, show forth in us.

♦ Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I Cor. 3:16.

Thursday

I AM PATIENT; I AM FORBEARING; I AM FORGIVING; I AM MERCIFUL. I AM JUST, BECAUSE I TRUST IN GOD.

AM patient because I trust God. I have faith in the underlying good. I believe in the ultimate triumph of good in every situation. I do not become excited or wrought up when persons or conditions seem out of hand or out of harmony; but I possess my own soul in patience and poise.

In being patient, I am not passive. I actively participate in a prayerful, faith-filled approach to-

ward life.

Little things do not annoy me; great things do not throw me off balance. I keep an even keel in my emotions. I steer always in calm and tranquil waters because I know that God is at the helm of my life. God is bringing me into ways of harmony and peace. God is at work in all the persons and situations that I look upon, blessing, healing, forgiving, and making all things right.

I am patient; I am forbearing; I am forgiving; I am merciful; I am just, because I trust in God.

[♣] Let us run with patience the race that is set before us. —Heb. 12:1.

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I TAKE THE PATH OF PRAYER AND KNOW THAT ALL IS WELL.

OMETIMES WE question why certain things occur. Through generations man has filled his mind with a belief in the possibility of accidents not realizing what a wall of negation such a belief builds. Now, understanding the creative power of his thinking he is using denials and affirmations to tear down this wall that separates him from his good and to reconstruct his world.

The purpose of prayer is to add the substance of positive thinking to every situation and condition. This is our privilege and responsibility. We start right where we are with our own thoughts about ourselves and others. We cannot know the thoughts and feelings of even those who are closest to us, but we can know when our thoughts about them are positive and will be a blessing. Acceptance of our privilege and responsibility hastens the time when there will be no wall; there will only be the way, the Christ way. Until then, we need to stand fast in our faith that the power of prayer is finding us usable channels.

[♣] Give yourselves unto prayer .- I Cor. 7:5.

Saturday

WITH GOD'S HELP I USE MY TIME AND ENERGY TO GOOD ADVANTAGE.

E CAN establish a good sense of routine in our lives without getting into a rut. Routine or rut? It is all in the way we look at things. We can determine which it is to be.

We can learn to organize our time and our energy so that we do not waste them. We can establish good work habits so that we do not procrastinate and fail to do the things that we need to

do at the appointed time.

Usually the person who feels crowded, tense, and pushed for time is not using his time to good advantage. Through the wisdom of God within us, we can accomplish much more than we ever thought ourselves capable of accomplishing. Through the power of God in us, we can expend our energy so effectively that we are never tired, never weary, so that we always feel fresh, vital, and alive. We can spiritualize the routine of our days and make each thing we do a productive part of the perfect plan.

• Give diligence to present thyself approved unto God, a workman that needeth not to be ashamed.—II TIM. 2:15.

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GOD IS MY PROTECTION. HE BLESSES ME AT ALL TIMES AND UNDER ALL CIRCUMSTANCES.

The light of God surrounds me, The love of God infolds me, The power of God protects me, The presence of God watches over me. Wherever I am, God is!

HE light of God surrounds me." In His light there is no darkness; there is nothing to fear.

"The love of God infolds me." God's love infolds me and is like an armor around me; it is a comfort and assurance within me.

"The power of God protects me." His power protects me at all times and under all circumstances. He is my defense and my deliverance.

"The presence of God watches over me." I relax and trust His presence, which is within me, around me, at my right hand and at my left hand.

"Wherever I am, God is." Right where I am, God is. I cannot stray beyond His loving, protecting care. Wherever I go, God is.

◆ And he led them safely, so that they feared not.
—PSALMS 78:53.

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Monday

GOD WORKS THROUGH ME JUST AS HE WORKED THROUGH JESUS CHRIST, AND HE DIRECTS ME IN ALL I DO.

J ESUS SAID, "My Father worketh even until now, and I work." Jesus also said, "The Son can do nothing of himself, but what he seeth the Father doing: for what things soever he doeth, these the Son also doeth in like manner." I only need to be aware of this truth. I only need to let go of human striving and let God work through me.

I pray and ask God for guidance; then I remember that He thinks through me to give me wisdom.

I pray and desire health; then I know that God-life works through me to strengthen, to renew, and to heal.

I need supply and I turn to God for my prosperity. I thank Him for His supply and I act on His guidance. I am productive.

I ask for love and companionship. Then God works through me to love others and to make me a good companion.

• For the Father loveth the Son, and showeth him all things that himself doeth.—JOHN 5:20.

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I PREPARE MYSELF FOR HAPPY HUMAN RELA-TIONS BY KNOWING THAT GOD'S LOVE IS ALWAYS PRESENT AND RESPONSIVE TO ME.

APPY relations with other persons are the product of prayer, thought, and effort, just as every creative achievement is. Happy relations with other persons do not come to us fully mature, but they must be cultivated by nourishment with understanding, patience, love, and interest.

Many of us neglect to give this nourishment to our human relations. Then, if differences arise, there are no roots developed to stabilize the situation while these differences are handled. We feel rejected and unappreciated and deny ourselves the very thing we want—happy association with other persons.

We make preparation for happy human relations by knowing that God's love is always present and responsive to us. This preparation is made in the practice of prayer. Through prayer we are enabled to make the effort that brings about a spiritual flow of good will from us to others.

He that loveth not knoweth not God; for God is love.
 I JOHN 4:8.



RECLAMATION

JAMES DILLET FREEMAN

Slow thought by thought, small prayer by prayer I build breakwaters in my heart

That all the tides and storms of life

Shall fail to tear apart.



Such waves have broken over me
That I had little left to stand,
Yet thought by thought back from the sea
I win my mind's lost land.

Patiently, prayer by prayer, I build
A faith I never had before,
Reclaiming for God's fertile field
What was a storm-swept shore.

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Wednesday

THE POWER OF THE LORD IS PRESENT TO HEAL THEM.

ould you like to be a part of a prayer group numbering hundreds of thousands of persons? Quietly, lovingly, faithfully pray this prayer: "The power of the Lord is present to heal them." Think of your family, your friends, your acquaintances; think of each person who needs to be healed. As you pray this prayer you can know you are a part of just

such a prayer group.

In Silent Unity, where the light of faith is constant and shining, the workers are using this prayer today. You, the readers of DAILY WORD, are using this prayer. This prayer is translated into many languages, for a healing prayer has no boundaries, no politics, no race, no color, no creed. It accepts all who keep it in their hearts and all who receive it as a benediction of another's faith. This prayer does not ask the name of the condition it is to heal; this prayer only asks to be used. This prayer does not ask the quality or quantity of one's faith; it simply states an enduring truth.

[♣] The power of the Lord was present to heal them.
—Luke 5:17 (A.V.).

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Thursday

I LOOK FOR GOD'S BEAUTY IN MY WORLD, AND MY LIFE IS RICH AND FULL.

E NEED not travel to faraway places to discover God's beauty. It is all around us. Each day has its special beauty—a sunrise that declares the glory of God, a blue sky dotted with wispy clouds, a bright bird and his rippling song. The rich gold of summer, the flaming leaves of fall, the glistening, white winter landscape, and the returning color of spring; each season has a beauty all its own.

There is a beauty, too, in the humble services that we receive each day. There is beauty in a well-prepared meal, in a carefully ironed shirt, and in a tastefully decorated show window—God's beauty can be found everywhere when we look for it.

True appreciation of beauty includes the special beauties of nature, art, music, literature, as well as the appreciation of beauty in everyday things. Looking for and appreciating God's beauty truly enriches our lives.

The heavens declare the glory of God;
And the firmament showeth his handiwork.

—PSALMS 19:1.

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Friday

THE LOVE OF GOD FREES MY HEART OF ALL SADNESS AND FILLS IT WITH PEACE, COMFORT, AND UNDERSTANDING.

HEN we have lost a loved one, it is natural and it is understandable, perhaps even cleansing, to have a time for weeping.

"Weeping may tarry for the night, But joy cometh in the morning."

Following the night of weeping, there comes the morning of readjustment. This is the time when the heart and the mind respond to the love, peace, and the strength that come from God. His love is infinite; His peace is always present; His strength is ever-lasting.

The sooner one lets go of the "weeping... for the night," the sooner does he feel the closeness of God's love; the sooner is he able to realize that life is eternal, that love knows no separation, that peace, joy, and understanding are ever-present. Meditating on these truths is the way to hasten the "joy" that "cometh in the morning."

> Weeping may tarry for the night, But joy cometh in the morning.
> —PSALMS 30:5.

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Saturday

DIVINE LOVE BLESSES THE EARTH WITH PER-FECT WEATHER. ORDER, HARMONY, AND SAFE CONDITIONS ARE ESTABLISHED.

PLEASANT ADJUSTMENT to weather conditions is much needed when the children want to play out-of-doors, when we are having our vacation, or when a trip is in the offing. Keeping poised in the face of changes in our plans is important, for it is true that disappointment enters in when we are not able to carry through some idea that we have had. But our intelligence tells us that every day cannot be the same as every other day, and we do not want this uniformity.

Keeping our faith in the protecting presence of God when challenged by turbulence in the elements contributes to the establishment of order and safe conditions. We realize that it is necessary to have rain, sunshine, clouds, heat, cold, wind, and dry weather when they will make favorable conditions for farming and for the community as a whole. Thus, a prayer like today's prayer, for order, harmony and safe conditions helps us to make our adjustment to weather conditions.

^{*} Seedtime and harvest, and cold and heat, and summer and winter . . . shall not cease.—GEN. 8:22.

Friday

THE LOVE OF GOD FREES MY HEART OF ALL SADNESS AND FILLS IT WITH PEACE, COMFORT, AND UNDERSTANDING.

HEN we have lost a loved one, it is natural and it is understandable, perhaps even cleansing, to have a time for weeping.

"Weeping may tarry for the night, But joy cometh in the morning."

Following the night of weeping, there comes the morning of readjustment. This is the time when the heart and the mind respond to the love, peace, and the strength that come from God. His love is infinite; His peace is always present; His strength is ever-lasting.

The sooner one lets go of the "weeping... for the night," the sooner does he feel the closeness of God's love; the sooner is he able to realize that life is eternal, that love knows no separation, that peace, joy, and understanding are ever-present. Meditating on these truths is the way to hasten the "joy" that "cometh in the morning."

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Sunday

LORD, LET ME BE FOUND FAITHFUL.

ORD, LET ME be a faithful steward of the light, life, peace, prosperity, and happiness that I now have.

Lord, let me be found faithful to the physical laws of my being. Let me not ask my body to accept abuse, but rather let me be wise in the care that I give my body. Let me think lovingly about it; let me speak positively about it; let me treat it with the respect due such a wonderful creation.

Lord, let me be found faithful to the laws of man. Laws have been made for the good of the people they serve and for the preservation of society. Let me not seek to break or evade laws; let me be law-abiding, law-appreciating, and law-

revering.

Lord, let me be found faithful to the spiritual laws. Let me, in the light of my understanding, serve the principles of Truth and right to the best of my ability. Let me discern spiritual things spiritually. Let me be quickened that I may see into my own self and seeing be led to give expression to Thy likeness that I find there.

♣ Moreover, it is required in stewards, that a man be found faithful.—I Cor. 4:2.

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I AM FRESH, VIGOROUS, AND YOUTHFUL.

AVE YOU ever spent the day doing nothing and then felt tired and weary when evening came? Have you ever applied yourself to the tasks at hand and given unstintingly of your energies during a day, yet, you felt vital and refreshed when evening came?

These experiences make it easy for us to understand that it is not what we do, but rather it is our attitude about what we do that leaves us fatigued or restored. This also holds true in other phases of our lives. Some of us at twenty feel old and depleted, some of us at ninety feel young and exuberant. Why? Because of our attitude.

We find that a willing, thankful, interested attitude, an attitude that accepts growth as a natural part of unfoldment, an attitude that is happy and faith-filled, is a part of the young in spirit. Let us take the attitude that each day is an invitation to enter in and partake of life in a measure that will stimulate and renew us so that we may be refreshed, vital, and youthful. Let us pray for our attitude to be a right attitude.

[♣] A faithful messenger . . . refresheth the soul.—PROV. 25:13.

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Tuesday

I CO-OPERATE WITH THE CHRIST INDWELLING TO PERFECT MYSELF.

RUE success is self-improvement. I endeavor to exceed myself today. I know that the victorious Spirit of the indwelling Christ is at my command, helping me to seek spiritual guidance, helping me to listen to spiritual guidance, and helping me to follow spiritual guidance. The challenge to rise above my own shortcomings is a wonderful opportunity to prove myself.

Rather than compare my position, my productivity, and my actions with the position, productivity, and actions of other persons, I seek to perfect myself and I bless others as they seek to perfect themselves. There is no sense of rivalry between me and my brothers. But there is a sense of co-operation. When I seek to co-operate with, rather than to exceed, other persons, I am truly co-operating with the good and doing my part in building a happy, harmonious world according to the teachings of Jesus. Co-operation with the Christ brings me self-improvement.

[•] Every one therefore that heareth these words of mine, and doeth them, shall be likened unto a wise man, who built his house upon the rock.—MATT. 7:24.

THE SPIRIT OF CHRIST IN ME IS THE CONTINUAL SOURCE OF MY ABUNDANT LIFE, HEALTH, AND STRENGTH.

EALTH is my watchword. Vitality and strength are my song, for I know that the life-giving Spirit of Christ is within me. Wave upon wave upon wave of His energizing health and light are flowing throughout every portion of my being every moment of every day. I am immersed in the all-infolding ocean of God's resurrecting Spirit, and every atom of my being is constantly recharged with new strength.

Every moment of the day my entire being is completely renewed, and with the passing days and years, I am growing more radiant and vigorous in my mind and in my body. My consciousness is ever attuned to the Jesus Christ wave length of undiminishing wholeness. I am infolded in His all-protecting love; I am immune to all that is unlike Him. The healing Spirit of Christ is the only activity that is mightily at work in me. My faculties respond to this healing Spirit; every organ and every function responds to this healing Spirit.

Let the weak say, I am strong.—JOEL 3:10.

Thursday

THERE IS A SPIRIT IN ME, AND THE INSPIRA-TION OF THE ALMIGHTY GIVES ME UNDER-STANDING.

AM open, receptive, and obedient to the guiding light of Spirit. There is no resistance in me. Everything in me is given over to the spiritual idea, the God idea that is now unfolding in me. I lift up my thoughts, my desires, my feelings, my emotions to God. I place myself under His divine direction. I think of myself as a unified being, who is filled with life, strength, and health, filled with power, wisdom, and might, filled with joy, peace, and courage. I still my thoughts; I still my feelings and I affirm that the light is shining in and through me now, showing me what to do and how to do it. Always God, the good is on my side. My part is to put myself in tune; my part is to put myself on the right side of any problem, any need, and any decision.

The transcendent Spirit in me lifts me up and makes all the ways of my life clear, makes all my needs understandable, makes all my decisions easy, and makes all my questions readily answer-

able.

[♣] There is a spirit in man.—JoB 32:8.

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THERE IS A BLESSING IN THIS MINUTE FOR ME.

A CCEPT THE blessing of this minute. Look at each minute as the precious thing that it really is. God, who so lavishly gives all gifts, gives us one minute at a time. It is the little minute of time that builds our days, our years, and our lives.

Think of the blessing the minute held for those gathered about Him when Jesus said, "Lazarus, come forth." "Thy faith hath made thee whole." "Arise, and take up thy bed, and walk." "Neither do I condemn thee: go thy way; from henceforth sin no more."

Take each minute; live each minute. Let your faith acclaim: "I will not let thee go, except thou bless me." There is a blessing in each minute. Accept this blessed minute of prayer with praise. Accept this blessed minute of happiness with a smile. Accept this blessed minute of order with joy. Accept this blessed minute of life and recognize its source, God. Accept the blessing this minute offers. Your acceptance will enrich you mentally, spiritually and physically.

[♣] And he said, I will not let thee go, except thou bless me.—GEN. 32:26.

Saturday

I WELCOME EVERY EXPERIENCE IN MY LIFE AS AN OPPORTUNITY TO GROW STRONGER IN SPIRITUAL UNDERSTANDING.

HATEVER experiences come my way, I behold in them an opportunity to develop spiritual strength. I realize that my attitude makes all the difference between overcoming and enduring a challenge. If I, like the boy David, run forth to meet every Goliath challenge with a shout of victory, then I shall experience victory.

Resistance alone, which I express toward any person or situation, is the only cause of suffering. When I no longer resist the appearance, but gratefully accept it as a divine opportunity to put my spiritual understanding to use, then all conflict

will immediately cease. Things will be correctly adjusted.

All inharmony comes from a complaining and disgruntled state of mind. When this state of mind is replaced with the attitude of "All things in my life are working together for good," then all things, even the things that appeared inharmonious, work together for my good.

[♣] Agree with thine adversary quickly.—MATT. 5:25.

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Sunday

I ACKNOWLEDGE GOD AS THE LORD OF MY BEING.

ODAY through prayer I go within to the innermost part of my being to the "secret place of the Most High." Here I find peace of mind, health of body, and the right outworking of all my affairs.

In quiet prayer I shut out all distractions that would keep me from knowing that God is with me. My prayer time renews my feeling of oneness

with the Lord of my being.

Once I have gained through prayer this feeling of oneness with God, I keep my thoughts centered on Him as I go about my tasks. His power within me helps me to meet all the challenges of this day. His love within me makes me open and receptive to blessings. I know with an everlasting faith that He is working with me to make my life happy, healthy, and filled with His goodness.

Today and every day I acknowledge God as the Lord of my being and I go forward in faith.

He that dwelleth in the secret place of the Most High Shall abide under the shadow of the Almighty.

Monday

TODAY I AM BORN ANEW.

ODAY I am born anew. I see my life and the lives of my loved ones in a different light. I am free from yesterday—free from yesterday's thoughts, yesterday's ways, and yesterday's actions. I am unfettered. I am unbound.

Today I am born anew. Today I greet the good that God has for me. As I begin my day I bless each task that is before me. If there are any changes to be made, I make them graciously and with love in my heart. As I see all changes in my life as new opportunities I am able to welcome them and to bless them.

Today I am born anew. Since I see all things in the light of this new birth, the things that I have done many times become fresh and inspiring to me. The persons whom I have known for many years take on a new interest for me; the world in which I live has new dimensions, and I find it exciting and exhilarating. Because of my new approach I am able to help others to find and to explore the possibilities of the day, that they, too, may be born anew.

♣ Except one be born anew, he cannot see the kingdom of God. . . . Ye must be born anew.—John 3:3, 7.

Tuesday

I ENTER INTO LIFE AND PARTAKE OF ITS GOODNESS.

"I NTO WHATSOEVER city ye enter, and they receive you, eat such things as are set before you." Am I entering into life each day and partaking of the good that is right here and now set before me?

Many times when we are traveling, perhaps in foreign lands, we hesitate to eat new foods and to enter into the ways and customs of the people. But certainly more than half the joy to be gained from such sojourning is gained by our introduction to and participation in new experiences.

Whether we find ourselves in a far country or right at home, let us enter in today and "eat such things as are set before" us. When we accept the idea that God is good, we can only feel that the experiences that we draw into our lives are good and will bless us. Many times we cut ourselves off from growth and from pleasure by denying the new and insisting on the known. Since our entry into life is preceded by prayer, we can be sure that satisfying good awaits our appropriation.

• Into whatsoever city ye enter, and they receive you, eat such things as are set before you.—LUKE 10:8.

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MY THOUGHTS AND WORDS EXPRESS THE LOVE THAT UPLIFTS.

HIS is the day for me to discard any feeling of envy, resentment, or hurt that I may harbor. I lovingly think of my loved ones, my friends, my neighbors, and my co-workers as children of God, who deserve only the best that I have to offer them. In return, these give to me only the best that they have to offer.

This is a day when my smile will brighten someone's life. My smile is loving, for it expresses the love that is mine from God. With loving thoughts, a loving smile, and loving ways; I behold the good; I praise the good; I attract the good; I ex-

press the good.

I am conscious of the uplifting power of a loving spirit. I realize that everyone needs love and praise to grow spiritually, mentally, and physically. Since I know this I choose to think only loving thoughts, and my words and actions express only love.

Let the words of my mouth and the meditation of my heart Be acceptable in thy sight.

-PSALMS 19:14.

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Thursday

I GIVE THANKS FOR MY PERFECT WORK THIS DAY.

If I AM in need of employment or if I am in need of a change in my employment, I begin this day by giving thanks for the perfect work that I know the Father has provided for me. As I do this I am following Jesus' example. He knew that according to God's law an abundance of good was waiting to be brought forth. I know this too. When I give thanks I demonstrate my faith in God's abundance.

I give thanks not only for my divinely appointed work, but for a divinely appointed, harmonious environment in which to do my perfect work.

I know that God is working in and through me, and my part is to allow Him to do His perfect work. I start by blessing the place I am now in, by blessing whatever comes to my hands to do, and by blessing each person I contact during the day. I do not seek my good under any thought of pressure, but I make a practice of turning to the presence of God within for guidance and inspiration. Then I step out in faith to do my work to the honor of man and the glory of God.

This is the work of the Lord .- JER. 50:25 (A.V.).

Friday

I HAVE THE CAPACITY FOR RICH, FULL, ABUNDANT LIVING.

OD HAS given me, His child, the capacity for rich, full, abundant living. He has given me an awareness of His presence and His power within and about me.

God has given me the capacity to love and to accept love. He has made me sensitive to the needs and feelings of other persons. Because of this sensitivity I know when I can be of help through prayer and blessing and when I can be of help in other ways.

God has given me the capacity to recognize His loving presence within all people, and I bless all people for the good that they express. God has given me the capacity for forgiveness. I forgive others easily and quickly, and God forgives me of my own shortcomings. God has given me the capacity to discern the good and to co-operate with the good.

God has given me the capacity to appreciate His wonderful world and all the beauty that I see. I

live and enjoy life to the fullest.

♣ That my joy may be in you, and that your joy may be made full.—JOHN 15:11.

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Saturday

GOD'S LOVE INFOLDS ME, AND HIS PEACE SUSTAINS ME.

OD'S LOVE infolds me. God's love will see me through any trial. I may not know the answer to some problem but I can depend absolutely on God's love to help me to understand and to work out the problem. If my heart is troubled, God is greater than my heart; His love will uplift me. I can have confidence in His loving presence.

God's peace sustains me. His peace stills my doubts and releases all tension that is in me or around me. I rest in His quieting, assuring presence. I trust Him to care for me, guide me, and direct me. God's peace calms my emotions and gives me composure in every situation. I become stabilized when I turn my thoughts to Him.

I relax and rest in God's love and peace; all that I have to meet will be met in serenity. All that I have to do will be done in a loving, peaceful spirit. Every person that I contact will feel in me a center of love and peace and will go from my presence inspired to be more loving and peaceful.

◆ The God of love and peace shall be with you.—II Cor. 13:11.

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Sunday

THE SPIRIT WITHIN ME FILLS ME WITH ENERGY AND ENTHUSIASM.

We have the capacity to express both, for both spring from the life force within us, God, our Author, and Creator.

We cannot simulate enthusiasm but we can stir it up; we can give expression to it. There is a Spirit in us that animates us, that fills us with power. This Spirit is always on the ascendancy in us. It lifts us up; it warms our hearts; it negates the weight of weariness; it takes away all sense of heaviness.

If we do not feel that we are getting out of life all that we should, if we do not feel that we are giving to life all that we could; then we need to bestir ourselves spiritually and to say to ourselves, "Awake, thou that sleepest . . . and Christ shall shine upon thee." There is always that in us that call us to new heights. It says, "Express! Give! Aspire!" We can answer this inner call with energy, with enthusiasm, and with confidence. God has given us this capacity. God has given us His wonderful Spirit.

Awake, thou that sleepest.-EPH. 5:14.

Be a Stay-at-Home Missionary

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All those who support Unity's Silent-70 department are truly stay-at-home missionaries, for Silent-70 sends free Unity literature to hospitals, homes for the aged, orphanages, leper colonies, military bases, prisons, and other institutions and individuals all over the world. That the literature is appreciated is shown by these letters—only three of countless thousands:

From a missionary of another faith in British Guiana: "As my launch stops at a mission point, canoes bearing young people and children come out to ask for the valuable books. Yours is the only literature I can distribute without cost, and I and my people are most grateful for your kindness and generosity."

From the chaplain of a federal prison: "The DAILY WORD is one of the most popular reading materials that we are able to provide in this institution."

From a state mental hospital: "Your wonderful gift of literature has left me almost speechless with gratitude. It is next to impossible to get enough material for these spiritually hungry people; God bless you for your generosity to

For those who would like to be stay-at-home missionaries, love offerings may be sent to the Silent-70 Department, at

UNITY SCHOOL OF CHRISTIANITY

MONEY TO PAY MY BILLS!

A Prosperity Bank user in California writes: "When you sent my most recent Prosperity Bank, I had several bills coming up and no idea where the money would come from to pay them. In fact, I did not even know whether I could spare the coin each day for the Bank.

"I had used the Bank drill not quite a week when my money problem was solved almost as though a miracle had taken place. I received a call for a job that will more than take care of my bills! I am indeed grateful for my Pros-

perity Bank."

Why not try the Bank plan in your life?

Unity School of Christianity, Lee's Summit, Mo.

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LESSONS IN TRUTH WEEK

September 8-14, 1958

Now is the time for you to find new health, new prosperity, a fuller and richer life in every way. Thousands of people all over the world will be studying H. Emilie Cady's powerful book Lessons in Truth together during Lessons in Truth Week, and you will find it a tremendously rewarding experience to be a part of this great current of prayer thought and affirmation.

One woman writes: "My observance of Lessons in Truth Week brought me understanding that I had never found before—direct communication with the Father, and knowing that His presence and spirit are with me and in me. My husband and I are realizing harmony and peace and happiness in our home for the first time in

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You are invited to join in this year's observance of Lessons in Truth Week, September 8 through 14. All you need is your own Bible; a copy of the book Lessons in Truth, priced at \$1; and the special Lessons in Truth Study Guide, which you will receive free when you order Lessons in Truth. (If you already have the book, you may have the Study Guide free on request.)



UNITY SCHOOL OF CHRISTIANITY

Paths

R. H. GRENVILLE

I always think it must have been Some humble path the Psalmist trod That led him into pastures green, By quiet waters blessed of God;

No broad and splendid avenue Where chariots went racing by, But just a footpath winding through Green fields beneath a summer sky.

Then why should any heart be sad Because it cannot keep the pace Of hurried men, or join the mad Excitement of fame's futile chase?

Through teeming alleys, shabby streets, On perilous paths of bruising stone, Through deserts where the fierce sun beats, God gently, safely, leads His own,

To fields where healing water flows, To heights where none have ever trod. Oh, blessed is the heart that knows Love is the path that leads to God!

